Thai Urogynecologists Association
สมาคมยูโรแพทย์ทางเดินปัสสาวะ (ประเทศไทย)
Thai UGA



3rd Thai Urogynecologists Association Annual Meeting 2025

Theme "INTEGRATED CARE: FROM VAGINAL LAXITY TO PELVIC ORGAN PROLAPSE"

26th – 29th November 2025 Century Park Hotel, Bangkok, Thailand

Day 1 - 26th November 2025 "Demystifying the conditions"

MC Fellow 1: พญ.พัดชา ตัณฑพานิช / พญ.กมลวรรณ แสนโสม / พญ.ฐาวิณี คำรณฤทธิศร

08.20 – 08.40	Opening ceremony	
	Take a group photo	
08.40 – 09.00	Keynote Lecture: From Vaginal Laxity to Pelvic Organ Prolapse: Controversies and Future Directions	Jittima Manonai
09.00 – 11.20	**Vaginal Laxity** *Moderators: Teerapan Seehanantawong, Suthanud Premjit, Papapin Pusayapaibul*	
09.00 – 09.20	The Natural History of Vaginal Laxity: From Pathophysiology to Pelvic Organ Prolapse	Maleechat Sripipatanakul
09.20 – 09.40	Clinical Dilemmas in Evaluating Vaginal Laxity	Athikom Buranapatthama
09.40 – 10.00	Cosmetic Approaches to Vaginal Laxity: Trends and Challenges	Orawee Chinthakanan
10.00 – 10.20	*Therapeutic Effects of Patented 448 kHz + 20 kHz INDIBA Radiofrequency in Urinary Incontinence Management and Pelvic Floor Rehabilitation (Sponsored Lecture : INDIBA ASIA THAILAND)*	*Thisara Weerasamai (Speaker) Jittima Manonai (Moderator)*
10.20 – 10.40	Break	
10.40 – 11.00	Current Evidences for Functional Restoration of Vaginal Laxity	Rujira Wattanayingcharoenchai
11.00 – 11.20	Take Home Message + Q&A	All speakers
11.20 – 12.00	*Role of Vaginal Estrogen in Urogynaecology and Innovative Approaches to HPV Treatment (Sponsored Symposium:ดีเคเอสเอช (ประเทศไทย)จำกัด)*	*Suvit Bunyavejchevin Atthapon Jaishuen*
12.00 – 12.30	Lunch	
12.30 – 13.10	*Cracking the Code: UTI Management for Perimenopausal Women (Sponsored Symposium: เอสเอ็มฟาร์มาซูติคอล จก.)*	*Pokket Sirisreetreerux (Urologist)*
13.10 – 13.30	*Clinical Case Sharing: E4/DRSP in Practice (Sponsored Lecture: โอลิค (ประเทศไทย) จก.)*	*Supanat Burinkul*
13.30 – 16.00	**Pelvic Organ Prolapse** *Moderators: Panprapha Saenrungmuaeng, Thanchalat Nimchaiyanan, Krittiporn Mahachiraphat*	
13.30 – 13.50	From Pelvic Support to Prolapse: Pathophysiology of POP	Sasiwimol Srisukho
13.50 – 14.10	Linking Symptoms to Signs of POP – What to Ask, What to Look for	Varisara Chantarasorn
14.10 – 14.30	Current Evidence-based Practice for Non-Surgical Management	Bussaranya Puttanapitak
14.30 – 14.50	Updates and Best Practices for POP Surgery	Athasit Kijimanawat
14.50 – 15.10	Break	
15.10 – 15.40	Expect the Unexpected: Unforgettable Pelvic Organ prolapse Cases Beyond the Norm	Suvit Bunyavejchevin Chailert Phongnarisorn
15.40 – 16.00	Take Home Message + Q&A	All speakers
16.00 – 16.30	ThaiUGA Business Meeting	ThaiUGA Board
16.30 – 16.45	Lucky draw	

Day 2 - 27th November 2025 "Introduction to Complexities"

MC Fellow 1: พญ.พัดชา ตัณฑพานิช / พญ.กมลวรรณ แสนโสม / พญ.ฐาวิณี คำรณฤทธิศร

08.30 – 08.40	Welcoming message	
08.40 – 09.00	Women Voices in Vaginal Laxity and Bulge	Thanapan Choobun
09.00 – 10.30	**[Debate 1]** The Apex Battle: Which Approach Wins for Apical Prolapse Surgery? *Moderators: Purim Ruanphoo, Apisit Rungruengsirichok, Apiwat Jongjakapun*	
09.00 – 09.30	Vaginal Surgery: Native Tissue Repair, Mesh Augmentation	Pichai Leerasiri Komkrit Aimjirakul
09.30 – 10.00	Endoscopic Surgery: Laparoscopic, & Robot-assisted, vNOTEs	Kreangsak Sirisakpanich Teerayut Temtanakitpaisan
10.00 – 10.30	Open discussion	All speakers
10.30 – 10.50	Break	
10.50 – 11.20	*Transformative Benefits of Ultra Low-Dose Vaginal E_2 for Women's Wellness* *(Sponsored Lecture: เอ็กเซลทิส)*	*Jittima Manonai*
11.20 – 11.40	*The Role of Ultrasound in Pelvic Floor Assessment* *(Lunch Symposium by GE HealthCare)*	*Ruthairat Jeenpradit*
11.40 – 12.00	One Floor, Two Problems: Managing POP and Concomitant Urinary Incontinence	Pakawat Ramart (Urologist)
12.00 – 12.30	Lunch	
12.40 – 13.00	*Data-Driven Pelvic Floor Surgery: Why Preoperative Urodynamics Matters* *(Sponsored Lecture PPA)*	*Apisith Saraluck*
13.00 – 14.30	**[Debate 2] Vaginal Laxity Face-Off: Surgery Vs Non-Surgery** *Moderators: Chutimon Asumpinwong, Prakasit Karavanich, Pannueng Udomsinkul*	
13.00 – 13.30	A Non-surgical Approach is Demonstrably Superior	Paitoon Benjapornlert (PM&R) Athiwat Songsiriphan
13.30 – 14.00	A Surgical Approach is an Effective Long-term Solution	Sasima Kornsilp Orawan Lekskulchai
14.00 – 14.30	Open Discussion	All speakers
14.30 – 14.50	Break	
14.50 – 15.10	*Enhancing OAB Patients Care With Mirabegron (Sponsored Lecture แอสเทลลัส)*	*Rujira Wattanayingcharoenchai*
15.10 – 15.30	Addressing Defecatory Dysfunction and Anal Incontinence in POP Patients	Supphamat Chirnaksorn (Gastroenterologist)
15.30 – 16.00	The Intimate Dialogue: Exploring the Story of the Vagina and Female Sexual Health	Krasean Panyakhamlerd Apichaya Klaikaew
16.00 – 17.00	Surgical Video Presentation (Video 5 mins + Q&A 2 mins) Oral Presentation (3 mins + Q&A 2 mins)	Apisith Saraluck Apichaya Klaikaew
17.00 – 17.15	Lucky draw	
19.00 – 21.30	ThaiUGA Night	Panprapha Saenrungmuaeng Pornthip Harncharoenkul Sasima Kornsilp Pimchanok Pariyaeksut

Day 3 - 28th November 2025 International Day "Collaboration in Urogynecology"

MC Fellow 2: พญ.ปภาพินท์ ปุษยไพบูลย์ / พญ.ศุทธนุช เปรมจิตต์ / Dr. Daniel Chu Mun Chung

08.20 – 08.30	Welcoming Message	Jittima Manonai (ThaiUGA)
	Take a group photo	
08.30 – 10.00	**POP in Challenging Contexts: Special Scenarios Across the Female Spectrum** *Moderator: President, Singapore*	
08.30 – 08.50	POP in the Young: Uncommon but Impactful	Pattaya Hengrasmee
08.50 – 09.10	When Prolapse Meets Cancer: Managing POP in the Setting of Gynecologic Neoplasia	Orawee Chinthakanan Navamol Lekskul (Oncologic Gynecologist)
09.10 – 09.50	Managing POP in Frail Elderly: Balancing surgical safety and quality of life **(Debate)** 1. Why We Take Risks - (No Role for Extensive Surgical Treatments) 2. Strongest Surgical Support is Our Ultimate Goal	Lisa T. Prodigalidad Jimmy Nomura
09.50 – 10.00	Q&A	All speakers
10.00 – 10.20	*With OAB, You Can't Wait: Fast, Effective, and Tolerable Treatment (Sponsored Lecture Viatris)*	*Jittima Manonai*
10.20 – 10.50	Break	
10.50 – 12.00	**POP and the Bladder: Urological Associations and Clinical Implications** *Moderator: President, Malaysia*	
10.50 – 11.10	The Role of Urodynamics in POP: When, Why, and How?	Fazlin Azihan Harun
11.10 – 11.30	Voiding Dysfunction in Women with Pelvic Organ Prolapse: Evaluation and Management	Wit Viseshsindh (Urologist)
11.30 – 11.50	Urethral Diseases: Hidden Problems, Complex Solutions	Yasukuni Yoshimura
11.50 – 12.00	Q&A	All speakers
12.00 – 12.30	Lunch	
12.30 – 12.50	*Ultimate Vaginal Health Solution with Co-Polar RF ™ and CORE ™ Technologies (Sponsored Lecture บริษัท แอสตราโก เมดิเคิล เน็ตเวิร์คส จำกัด)*	*Orawee Chinthakanan*
13.00 – 13.55	**Contemporary Innovation in POP & SUI Management (VDO Session 1)** *Moderator: President, Philippines*	
13.00 – 13.15	Emerging Technology in Pelvic Floor Disorders	Apisith Saraluck
13.15 – 13.30	Alternative Instruments for Sacrospinous Ligament Fixation	Keerati Chiengthong
13.30 – 13.45	Bulking Agent Injection	Chris Chong
13.45 – 13.55	Q&A	All speakers
13.55 – 14.50	**Surgical Techniques for Complex Conditions (VDO Session 2)** *Moderator: President, Indonesia*	
13.55 – 14.10	Fistula Repair	Ng Poh Yin
14.10 – 14.25	Mullerian Anomalies	Tyas Priyatini
14.25 – 14.40	Key Insights Essential for Tackling Challenging Cases	Almira J. Amin-Ong
14.40 – 14.50	Q&A	All speakers
14.50 – 15.10	*TVT versus TVT-O: Minimally Invasive Surgical Correction for Optimal Treatment Outcomes in Stress Urinary Incontinence (Sponsored Lecture JS Vision)*	*Pattaya Hengrasmee*
15.10 – 15.30	Break	

Day 3 - 28th November 2025 International Day

15.30 – 16.45	**Pretty or Practical? Navigating the Aesthetic-Functional Divide in Female Pelvic Health** *Moderator: President, Thailand*	
15.30 – 15.50	Evidence-Based Screening Model for Gynecological Aesthetic Therapy	Budi Iman Santoso
15.50 – 16.10	Plastic Surgeon's Experience	Ngamcherd Sitpahul (Plastic Surgeon)
16.10 – 16.30	Urogynecologist's Experience	Roy Ng
16.30 – 16.45	Q&A	All speakers
16.45 – 17.00	• Award Winner Announcement • Closing Remarks	ThaiUGA

Day 4 - 29th November 2025 Half-day Hands-on Workshops

1. "The Future of Female Intimate Wellness: Integrating Aesthetics with Holistic Health"		
08.30 – 09.00	Registration	
09.00 – 09.20	Functional Vs Aesthetic approach for holistic health	Rujira Wattanayingcharoenchai
09.20 – 09.40	Techniques & Principles for vaginoplasty	Athasit Kijmanawat
09.40 – 10.00	Labiaplasty: Surgical technique, tips and tricks	Komkrit Aimjirakul
10.00 – 10.20	Injection Procedures for too tight (Botox) and too loose (Filler)	Orawee Chinthakanan
10.20 – 10.40	Break	
10.40 – 12.00	Hands-on Workshop • Station1: Injections • Station2: Labiaplasty • Station3: Vaginoplasty • Station4: Laser	Rujira & Sasima Orawee, Athiwat Komkrit, Sasima Apichaya, Athasit Rujira, Varisara
12.00 – 13.00	Lunch	

2. "World of vNOTES: The Next Frontier in Urogynecology"		
08.30 – 09.00	Registration	
09.00 – 09.20	MIS in urogynecology	Pattaya Hengrasmee
09.20 – 09.40	Principles and Practice of vNOTES in Gynecology	Yuthasak Suphasynth
09.40 – 10.00	Pelvic Floor, New Access: vNOTES for Pelvic Organ Prolapse	Jimmy Nomura
10.00 – 10.20	Step-by-Step vNOTES for POP Repair	Mika Nagae
10.20 – 10.40	Break	
10.40 – 12.00	Hands-on Workshop	Apisith & Kriengsak
12.00 – 13.00	Lunch	